



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# Pool Schedule

July 31–August 20 Summer Schedule (revised 7/30/17)

## 8 LAP SWIM LENGTHS (from Steamroom to aquatic office)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-7:00am 1:00-5:30pm 7:00-8:30pm	5:00am-7:00am 1:00-5:30pm 7:00-8:30pm	5:00am-7:00am 1:00-5:30pm 7:00-8:30pm	5:00am-7:00am 1:00-5:30pm 7:00-8:30pm	5:00am-7:00am 1:00-8:30pm	10:00am-6:30pm	12:00-4:30pm

## 4 LAP SWIM LENGTHS (from Steamroom to aquatic office)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00am-10:30am 12:00-1:00pm	7:00am-10:30am 12:00-1:00pm	7:00am-10:30am 12:00-1:00pm	7:00am-10:30am 12:00-1:00pm	7:00am-10:30am 12:00-1:00pm	8:00am-10:00am	

## LAP SWIM WIDTHS (from Rec Pool to fitness windows)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:30am-12:00pm 5:30-7:00pm	10:30am-12:00pm 5:30-7:00pm	10:30am-12:00pm 5:30-7:00pm	10:30am-12:00pm 5:30-7:00pm	10:30am-12:00pm		

## REC SWIM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1:00-5:30pm 2:00-5:00pm (slide) 7:00-8:30pm	1:00-5:00pm	1:00-5:30pm 2:00-5:00pm (slide) 7:00-8:30pm	1:00-5:00pm	1:00-8:30pm 2:00-5:00pm (slide) 5:30-8:00pm (slide)	12:00-6:30pm 2:00-5:00pm (slide)	12:00-4:30pm 1:00-3:30pm (slide)

## FAMILY SWIM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11:45-1:00pm	11:45-1:00pm 6:45-8:30pm	11:45-1:00pm	11:45-1:00pm 6:45-8:30pm	11:45-1:00pm	10:30-12:00pm	

### Rec Swim

Open swim in the Rec Pool  
Children under 7 must have adult in the water  
3 children to 1 adult ratio

### Family Swim

Open swim in the Rec Pool  
Must have adult in water no matter child's age  
Adult is 18

### Lap Swim

In Lap Pool  
Open to persons with a blue wristband and persons over 14  
We have width and length options (see above schedule)